

# High Conflict Co-parenting & Parallel Parenting

**Tuesday Evenings from 6:45-9:00 p.m.**

16466 BERNARDO CENTER DRIVE, SUITE 188 SAN DIEGO, CALIFORNIA, 92128

Struggling over child sharing /co-parenting issues? Dr. Deena Stacer's courses are designed for parents who keep fighting over child sharing issues they are not able to resolve on their own. Many times one or both parents believe the other parent is detrimental to the children, so they keep returning to court to resolve the problems. The courses are designed to help parents disengage from the fight and focus their energy on the children.



## All courses will teach parents how to:

- ◆ Reduce or end conflict with the other parent
- ◆ “Parallel Parent” instead of “Co-parent”
- ◆ Stop reacting negatively to the other parent
- ◆ Get through the family court maze
- ◆ Implement a plan to help the children become happy and healthy as they grow.
- ◆ Create closer connections with the children
- ◆ Give the parents and children new skills to stop being harmed by a difficult co-parent.
- ◆ Reduce stress and anger

[coparentingsecrets.com](http://coparentingsecrets.com)

Call (800) 980-0434 or (858) 675-9225 (TeamWorks) or email [Doc@DeenaStacer.com](mailto:Doc@DeenaStacer.com) to register.

\$50.00 per class/per person  
Support person is \$20.00 per class

Conflicting parents do not attend on the same nights. Co-parents will alternate Tuesdays to complete the program. Certificate of completion after 6 weeks of attendance. Unless court ordered to attend more weeks. Court ordered and non-court ordered parents may attend classes. No child care is available.

### About Deena Stacer, Ph.D.

Since 1997, Deena Stacer has taught parenting courses for the San Diego Family Courts. She is an International Parent Educator and Conflictual Relationship Consultant; Founder and Director of the High Conflict Intervention and Co-parenting Program. She has worked with over 5000 high conflict custody cases. Her in person and online co-parenting courses, launched in 2009, provide simple solutions for parents to meet the co-parenting requirements and they help parents protect the children from damage. She has a Doctorate in Psychology (specializing in Conflictual Intervention Strategies), a Masters in Leadership, Bachelor of Science in Child Development and teaching credentials Kindergarten through college.

