DEENA L. STACER, Ph.D.

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CURRICULUM VITAE

EDUCATION	
1976	Bachelor of Science in Social Sciences, with honors in Child Development. (San Diego State University)
1977 -present	Standard Elementary Teaching Credential, Kindergarten through Junior High. (San Diego State University)
1991	Master's Degree in Counseling and Educational Leadership (San Diego State University)
1991	Community College Credential, Special Focus - Child Growth and Development, Early Childhood Education.
1993-1994	Chapman College Counseling Program, acquired 15 additional units in family systems theory, family and child counseling.
2001	Ph.D. in Philosophy, with a Major in Philosophy & Psychology- specializing in High Conflict Intervention Strategies. (Pacific Western University, Honolulu, HI
1979-present 2003-present	Real Estate License Real Estate Broker's License (Continuing education and Specialization)
2014-present	Mental Toughness Certification with Steve Siebold

PROFESSIONAL EXPERIENCE

858-522-858-229-8072

2010-present	Teaching children empowering life skills, calming down techniques, communication skills and self-esteem when they are struggling with a variety of issues that involve anxiety, depression, school phobia, PTSD, difficulty concentrating, stuck in the middle of family conflicts, involved in the court system, parents are supervised by professionals, separated from parents due to programing, or parental abuse.
May 27, 2022	Interview with Mandy Walker for the Worthy Podcast (Divorce & Other Things You Can Handle) Discussed the differences between Parallel Parenting and Cooperative Coparenting Couples and when high conflict coparents should follow the Parallel Parenting Approach instead of Coparenting Method.
July 2, 2022	Interview with Mandy Walker for the Worthy Podcast (Divorce & Other Things You Can Handle) Discussed the different types of parenting plans for parents to implement to share children.

February 2022	Presentation for San Diego Family Bar Association Continuing Education training for Family Law Specialist Attorneys and Family Law Judges on "Dealing with High Conflict Individuals. Recognizing the high conflict parent, what you can do, even if your client isn't the one engaging in these behaviors."
Nov 2021	San Diego Family Law Bar Association Continuing Education training for Minor's Counsel on "Understanding & Working with High Conflict Parents on Behalf of Your Client and Multidisciplinary Experts Assigned to these Cases" <u>https://www.youtube.com/watch?v=3DVevfS-oNo</u>
1997- present	Founder and parent educator for the <i>High Conflict Intervention and</i> <i>Coparenting Program.</i> Teaching conflictual coparents the skills to disengage from the conflict with the other parent and to create closer connections to their children. Classes include positive parenting strategies to stop the fight and focus on the being child-centric, understand the needs of the children, (ages and stages of development), empathy, stringing pearls with their children and developing children that grow up with high emotional intelligence and responsibility mindset.
June 2009-present	Launched the online version of the live coparenting course. An interactive parent education program, for parents around the world who struggle with conflictual parenting relationships. Parents take a 12-hour or 18-hour course prerecorded videos with multiple choice and essay questions for parents to process and internalize the skills to end conflict. Parents in San Diego County, Nationwide and Hong Kong attend this program. Courses are located at https://www.doctordeena.com/coparenting-secrets-course
1995-present	Strategic educational consultant and advisor for parents and helping professionals involved with clients in conflictual relationships; parents, grandparents, stepfamilies, judges, family law attorneys, mental health professionals, teachers, mediators and other professionals involved with conflictual family relationships.
2009-present	Coparenting Mediator. FCS and deposition preparation.
2010 - 2015	The Big Ask Strategies Meetup and Mastermind- weekly mastermind and coaching with entrepreneurs to coach them to think bigger, ask bigger, aim bigger, achieve bigger and appreciate bigger. Approximately, 12-20 members participate in the Big Ask Meet ups.

Santee School District Project SAFE

1989-1995	 Santee School District Administrator/Supervisor for The Project SAFE Program-Supervised 10 separate school sites and staff in administrative office. This is the Before and After School Day Care program for Santee School District. Supervised approximately 1000-1200 children daily, (within the 10 school sites). Managed, trained, motivated and hired 100-130 employees on a daily basis. (Hired and trained over 100 employees in a 6-year period) Supervised and administrated \$1.4 million-dollar annual budget. Created training programs, organized and ran staff meetings. Organized field trips for over 400 children during the summer, attended field trips and organized transportation, and fund raisers to offset school budget crisis.
1995- present	Educational and Marketing Director of Team Works- mediated over 900 divorces, using mediation and conflict resolution strategies.
1986-1999	Grossmont Adult School Parent Education teacher, Grossmont Union High School District- Taught parent education classes, infant through adult; taught self-esteem skills, divorce and stepfamily strategies, positive discipline and building healthy relationships and creating positive anticipation.
1995-1998	Educational Consultant & Workshop Trainer for Lee Canter and Associates & The Education Company- Consulted & trained school districts nationwide. School districts were located across the western and mid-western part of the United States, Utah, Arizona, Nevada, Illinois, Texas, Washington, California. Trained teachers, classified staff and parents to manage conflict, develop a school-wide safety program, positive discipline strategies, motivating the difficult and unmotivated child and conflict resolution for children.
1986	Summit High School Continuing Education Teacher- 6-week program, including skill development for childcare, self-esteem, financial management and project development. Students upon completion were eligible to apply to work at the Santee Project SAFE program. I designed the program and implemented the curriculum during this 6-week period of time.
1986-1987	Substitute Teacher- Santee School District Elementary School District. Worked long term and short-term substitute teacher Kindergarten through 8th grade. Several long-term substitute assignments for teachers on maternity leave.
1976-1979	Elementary School Teacher Long-Term - Short Term Substitute teaching positions- Ramona School District, Kindergarten through 6th grade.
SPEAKING	
December 2019	Change it Up Radio Show with Paula Shaw. Guest appearance to discuss strategies for complicated families to get through the holidays without conflict.
Aug 6, 2018	Change it Up Radio Show with Paula Shaw <u>https://www.iheart.com/podcast/966-</u> change-it-up-radio-29346688/episode/change-it-up-dr-deena-29675213/

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Spring 2016	Pomerado Elementary School- Parent Education Series, 3 classes taught to parents on topics of Positive Discipline, Homework without Tears, Self-Esteem for children.
January 5, 2015	Fox 5 News San Diego- Coparenting Help-Mommy-Daddy Handbook on Managing anger and understanding coparenting that works. https://www.youtube.com/watch?v=e-Fdh_bjZ7o&t=1s
July 2014	One-hour presentation to Employee Assistant Professionals Association professionals regarding understanding high conflict strategies for and managing parents in the workplace who are involved in conflictual child custody disputes.
March 2011	Hong Kong- Trained Social Workers, Family Law Attorneys and Family Law Judges for 4 days on coparenting and conflictual coparenting strategies to help parents end litigious custody battles.
May 2010	NBC News segment on teaching conflictual coparents and interview.
June '07-Nov 09	California Alliance of Paralegal Associations- Presented on High Conflict Intervention Strategies for professionals.
Oct 2009	Keynote speaker for the South Bay Community Center Domestic Violence Awareness Month. Presentation called Pearls and Power. Helping victims of DV recover and heal from DV.
May 2007	San Diego Law Council for Children- presented on High Conflict Intervention Strategies for professionals and parents.
January 2006	Family Mediator Committee-Development of High Conflict Intervention Strategies Early Detection of High Conflict Families
Aug. 2001	Appeared as an expert for Channel 6 Fox News regarding Stepfamily issues.
June 2001	Kingston Ontario Canada- presented <u>Intervention Strategies for Attorneys in High</u> <u>Conflict Custody Cases</u> - International Society of Family Lawyers conference.
March 2001	Juvenile Law Section of the San Diego County Bar Association, High Conflict Intervention Presentation.
February 2001	KPBS: Radio Talk Show Guest: "These Days Show with Tom Fudge" Divorce and Stepfamily Dynamics. (Strategies for stepfamilies involved in High conflict families.)

October 1999 Omaha Nebraska-Family Services Association, Six hour training program to 70 family court mediators, attorneys and counselors. "Understanding the High Conflict Couple, strategies for successful mediation with these couples."

ADDITIONAL SPEAKING, TRAINING PRESENTATIONS

- 1995-present Guest Speaker for Rotary, Lions, Soroptimists, Chamber events, examples of topics include Senior issues, Managing Toxic People in the Workplace, Reaching Your Goals, and Time and Stress Management.
- 1997-2001 YMCA-Child Care Resource Center; Goodyear Health and Wellness Fair; Nokia Communications; Grossmont Union High School Adult School (Parent University); Head start Preschool Staff Development Training; Pacific Bell, Employee Assistance Program; Western Conference of Association Executives; San Diego State University Annual Student Leadership Conference; Boys and Girls Club, San Diego Regional Conference; Mensa Association; Windover School Conference; California School-Age Consortium-San Francisco; San Diego Association of Women in Sales and Marketing: Topics included stress management, child development issues, leadership, self-esteem, crisis intervention strategies.
- 2013-present Book Club-Personal Development Books. Meets monthly to discuss ¹/₂ of the book.

PUBLICATIONS

November 2020San Diego Woman Magazine
Into A Magical Wonderland. Available upon request

San Diego Woman Magazine Dr. Deena Stacer, The Art of Conflict Resolution, available upon request.

San Diego Woman Magazine Walking on a Glacier. Available upon request

Winter 2000-2010FAMILY LAW UPDATE
Publications.
"Strategies for Professionals to End Conflict in the Court Room." 2000
Family Law Essays, Aspen Law and Business Publications.

Stacer, Deena, "75-109 Intervention for High-Conflict Custody Cases" (2002) 2002 Family Law Update: Chapter 3. Aspen Publishers Inc.

Stacer, Deena, "1-27 Innovative Approaches to Resolving High-Conflict Family Law Cases" (2003) 2003 Family Law Update: Chapter 1. Aspen Publishers Inc.

	Stacer, Deena, "345-373 My Experience Intervening as a Special Master in High Conflict Custody Cases" (2004) 2004 Family Law Update: Chapter 9. Aspen Publishers Inc.
	Stacer, Deena, "33-57 High Conflict Custody Intervention Strategies that Work" (2006) 2006 Family Law Update: Chapter 2. Aspen Publishers Inc.
	Stacer, Deena, "1-56 Empowering Children in High Conflict Custody Cases" (2007) 2007 Family Law Update: Chapter 1. Aspen Publishers Inc.
	Stacer, Deena, "69-96 Understanding and Identifying Difficult Parents in High Conflict Custody Cases" (2008) 2008 Family Law Update: Chapter 3. Aspen Publishers Inc.
	Stacer, Deena, "25-46 It Takes Only One Parent to End the Conflict High Conflict Custody" (2009) 2009 Family Law Update: Chapter 2. Aspen Publishers Inc.
	Stacer, Deena, "222-250 Custody is Won in the Head and Heart, not in the Courtroom: High Conflict Case Studies and Commentaries" (2010) 2010 Family Law Update: Chapter 6. Wolters Kluwer Law & Business.
Dec. 2002	Vision Magazine "Origins of Christmas Traditions"
Feb. 2002	Vision Magazine "Marrying for Love"
March 2001-2002	Ranch Bernardo Sun and Diamond Gateway Signature articles on Relationships and Stress Reduction.
Sept 2000	Intervention for High Conflict Couples and Their New Mates (stepfamily conflict)
	High-Conflict Divorce Solutions: Parenting Coordination as an Innovative Co- Parenting Intervention http://citeseerx.ist.psu.edu/viewdoc/download?doi=10.1.1.856.9045&rep=rep1&ty pe=pdf

WEBSITES/ARTICLE REFERRING TO MY CONTENT

https://www.separatedparentsaustralia.com.au/co-parenting-videos (Australia)

https://www.slideshare.net/drdeena/parallel-parenting-outline-1-114-slideshare https://bit.ly/33IYzNk (Univ Nebraska-Lincoln) Successful Transitions for High Conflict Families

<u>https://www.harrymotro.com/co-parenting</u> Coparenting Counselor Harry Motro <u>https://bit.ly/3co9jEH</u> Reforming the System to Protect Children in High Conflict Custody Cases Mitchell Hamline School of Law

E-BOOKS/WORKBOOKS FOR PRESENTATIONS

2020	E-Book-How to "Ex-"Communicate- Strategies to help coparenting stop the fight.
2020	E-Book-Coparenting Secrets-7 Secrets to End Coparenting Conflict
2020	E-Book-Stringing Pearls With Your Children-
2020	E-Boook-Gold Medal Parenting-Raising Emotionally Intelligent and Resilient
	Children
1998-2016	High Conflict Intervention and Coparenting Workbook for Parents
1999-2010	High Conflict Intervention Strategies for Professionals
1999-2000	Creating Healthy Relationships for the Romantically Challenged
1997-2000	Successful Stepfamily Strategies
1989-1998	Positive Discipline for: Childcare Professionals, Parents, Teachers
1999-2000	Stress and Anger Management Strategies
1998-1999	101 Ways to Parent, Without Guilt
1996-1998	Team Building Strategies for: Teachers, Professionals, Student Leaders
1986-1995	Self-Esteem, A Family Affair
1994-2000	Making Memories with your children/Making Memories with Children in
	Childcare
ARTICLES	Written over 125 articles on topics ranging from stress & anger
	management, positive discipline, self-esteem for the family, stepfamily
	dynamics, child growth & development; divorce & mediation strategies,
	emotional impact of moving, buying and selling.
ONLINE	High Conflict Intervention, Coparenting ad Parallel Parenting Classes
	online. 24 hours of content online. Classes located at
	https://www.doctordeena.com/coparenting-secrets-course
PROFESSIONA	L ORGANIZATIONS
2018-present	Business Builder's Networking Group (BBN) (President 2019-present)
	Dubine Dunier Divervolking Group (DDiv) (Libracht 2017 probent)

2018-present	Business Builder's Networking Group (BBN) (President 2019-present)
2009-present	Rancho Santa Fe Business and Professional Women Association
	(President 2013-2016)
2013-2014	American Businesswomen's Association
2013-present	Leads Club International (President: 2013-2015, 2017-2018, 2019-2021
2009-2014	Big Ask Strategies (265 meetups meetings)
2006-2010	Business Network International (Networking Organization) (President
	2008)
1993-1998	National Speakers Association and SD Chapter, Past Board Member
1997-2004	Stepfamily Association of American, National Board Member
1989-1995	Association of California School Administrators
1986-1999	California Council of Adult Educators

ADDITIONAL WEBSITES AND SOCIAL MEDIA

Website https://www.doctordeena.com/coparenting-secrets-course

Coparenting YouTube- <u>https://www.youtube.com/@HighConflictCoparentingSecrets</u> Facebook -<u>www.Facebook.com/drdeenastacer</u> LinkedIn- www. <u>http://www.linkedin.com/in/drdeenastacer</u> Twitter- www. <u>https://twitter.com/DeenaStacer</u> Real Estate Broker: <u>https://drdeenahomes.com/</u> Stacer Realty Real Estate You Tube- <u>https://www.youtube.com/channel/UC1Hpi-gSJd2rcZ1kUxUqQmA</u>

PERSONAL INFORMATION

Mother of three grown children (twin daughters and son, and two stepchildren). Grandmother of two grandchildren. Married to Jefferson L. Stacer, certified family law specialist attorney, California State Board of Legal Specialization. Content creator for conflictual coparents and professionals working with conflictual coparents teaching scripts, stories, strategies, and skills to end conflict and raise happy, resilience well-adjusted children. Love to create educational content through videos. Love to travel, be with my grandchildren, network, collect fun sunglasses, vintage items and read and write voraciously.